



Timely Tips

By **Joseph Barry Martin, Ph.D.**

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Christmas is almost here and we juggle work with shopping, get-togethers, cooking and planning.

Over this season, the following Timely Tips will allow you to enjoy, relax and get the most out of your time with friends and family.

I send you my kindest regards for a blessed and joyful holiday.

For 2009 and beyond, I wish you all health, happiness, harmony, peace and prosperity!

The science, art and healing qualities of Feng Shui are based on three qualities - balance, harmony and flow. Flow means as a gentle breeze or a meandering stream (Feng is 'wind' and Shui is 'water'). Take time to embody these and you'll make this the most memorable Christmas ever!

TIP #1

It's all about balance, so make sure that you have as much time for rest, exercise and downtime as you do in your hectic daily schedule. This will create a feeling of peace and harmony inside you.

TIP #2

Be in charge of what you need in each moment, and make decisions on where you need to be as you go through each day. Stay in the flow of what feels positive and right for you.

TIP #3

Remember to breathe, even as you are in line at a shopping checkout, on a busy street, cooking, or wrapped up in your wrapping. This keeps you in the flow of harmony.

TIP #4

Remember to be grateful for the good things in life - loving friends and family that get you through your day and make life worth living. In balancing these positive feelings and thoughts with your busy events, you will create the harmony within yourself.

TIP #5

As we move towards the Chinese New Year on January 26, 2009, the year of the Ox, make preparations now for expanding your wealth and prosperity. This is easily done by placing an aquarium with 1, 3 or 5 goldfish in the north of your house. Water is the symbol of good fortune and wealth, and goldfish represent ever-increasing prosperity.

TIP #6

Bushy plants with lush, alive foliage create wonderful wealth energies when placed in the south-east of your home and office. This direction represents 'small wood' and the colour green. I have a jade plant there; ficus and kalanchoe are also superb for bringing prosperity.

TIP #7

If you are attracting a romantic partner, or energizing a present relationship, make sure there is a yin-yang balance of energies in your home and bedroom. This includes a balance of feminine and masculine images and objects throughout the home, as well as a balance and harmony of yin and yang through colour, furniture, art, rugs, and décor.

TIP #8

The use and placement of natural clear quartz crystals (Brazilian especially) attract romance and healthy relationships into your life. Crystals are one of the best symbols of mother earth and do well when placed in the south-west corner of the house, which represents 'big earth.'

For a Feng Shui consultation for harmony, balance, revitalization and peace for home and / or office,

or

for Prepping (Advanced Staging) a house for an easy, quick Sale,
even in this market

please contact Joseph at

O. 250 474-4176

josephmartin@shaw.ca

www.HouseOfLightHarmony.com

www.JosephBarryMartin.com

Welcome to your prosperity, health and happiness!